

Community and Vision



Our Liturgical Training and Formation days



Our Parish Assembly

2026
SO FAR!
*St Benedict's
Parish*



Coffee @ Gryphon's



Our Alpha Weekend

Halfway through 2026... and what a journey it has been. From prayer and worship, to Alpha nights, to our Parish Assembly, to the sacraments, community gatherings, and countless moments of faith and friendship—God has been moving in powerful ways through our parish family.
Stay tuned for 2026 | Part 2...



Our Sunday Worship

Events and Announcements

11
JUL

St Benedict's Feast Day Celebration – SAVE THE DATE!

Mark your calendars! On **Saturday 11 July**, we will celebrate the Feast Day of our patron, St Benedict, as one parish family. To mark this special occasion, there will be **one parish Mass only** that weekend: **the 5:00pm Saturday Vigil Mass**. We warmly encourage everyone to come together for this joyful celebration of our parish community. After Mass, the festivities will continue **with a parish feast and celebration** in the **School Hall**. Bring along **a plate of food to share**, your family and friends, and don't forget your dancing shoes! There will be plenty of food, fellowship, laughter, and celebration as we give thanks for the gift of St Benedict and the community we share. This is a wonderful opportunity to meet new people, reconnect with old friends, and celebrate all that God is doing in our parish. We hope to see you there!

3
AUG

Join our Weekend Mass Rosters | August-October

If you've been thinking for a while, "I'd like to get involved at St Ben's...but I don't know how or where to start?" This is your chance!

Every three months, we create the upcoming volunteers roster for all weekend masses for readers, welcomers, ministers of Holy Communion, offertory, musicians, flowers and altar cleaning, church cleaning, and weekend visits to the sick and elderly.

If any of these ministries you'd like to be involved in, please contact the Parish office via email (narrabundah@cg.org.au). We will discuss and see where best your gifts and our Parish needs meet. **All volunteers need to have a WWVP card (Working with Vulnerable People) and sign our Code of Conduct**. For particular liturgical roles, formation will be provided before entering the various ministries.

22
AUG

THE ARCHDIOCESAN 2026 ASSEMBLY

"How might God be calling your community to become a sanctuary for the thirsty?"

On Saturday, 22nd August, from 9am-4pm, Catholics from across the Archdiocese will gather in prayer, reflection and discernment as we seek to listen to the Holy Spirit and consider how Christ is calling us forward in mission. Held across seven regional hubs throughout the Archdiocese, it will be an opportunity for us, as an Archdiocesan community, to prayerfully discern how we continue bringing Jesus Christ to the people of our time. Register and find out more:

<https://www.cgevangelisation.org.au/assembly/>

3
SEP

Alpha Round 2 starting back in September!

With this 1st round of Alpha coming to an end this coming Thursday, there will be a break for the rest of winter until our 2nd round of Alpha begins in September. This is the perfect opportunity to come if you were not able to be part of the first round, or if you wanted to invite a friend along to! Please register via this link: <https://forms.gle/nWAn56SRjXQxZjbg5>

3
SEP

Adoration Roster -Current hours to fill

- Tuesday 2-3pm
- Thursday 3-4pm

If you can fill one of these, please sign up via the QR-Code!



How to connect with our Parish?

KINGDOM KIDS

Sun 9am Mass (except school holidays & long weekends)

Sherice Kazzi (Contact Parish Office)

FUSION YOUTH GROUP

Friday Nights (Fortnightly)

7-9pm Collins Wing

Axel Healey (Contact Parish Office)

MOTHER'S PRAYERS

Each Monday (school term)

9.30am, Parish Centre

Rachael Nano (Contact Parish Office)

MEN'S SHARING GROUP

Tuesday Nights (Fortnightly)

7:30pm, Parish Centre

John Murray (Contact Parish Office)

REST IN ME MEDITATIONS

Wednesdays (Fortnightly)

10am-12pm, Parish Centre

Ayanthi Perera (Contact Parish Office)

STREET MINISTRY

Friday Nights

After 5:30pm Mass, Civic

(Contact Parish Office)

Sacrament Dates 2026

First Reconciliation: 25th of March

First Communion: 21st of June

Confirmation: Not happening next year.

RCIA begins TBD

Marriage and Baptisms by request.

Before each sacrament there is an information evening, a sacramental program, a retreat then the date of the sacrament itself.

If you would like your child to receive the sacraments, please contact the parish office for more information.

Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Caroline Evans, Jackie Carpenter, Mark Ransom, Gert Fletcher, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Barry Murphy, Helen French, Sagar Julie O'Brien, Oscar.S, Michael and Rita, Peter Robinson, May Agnew and all those sick in our parish.

Recently Deceased: Jose Maria Canizares, Tony Evans, Catherine Clift

Anniversaries: Joan Evans

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading 2 Kgs 4:8-11. 14-16

That is the holy man of God, let him remain there.

One day as Elisha was on his way to Shunem, a woman of rank who lived there pressed him to stay and eat there. After this he always broke his journey for a meal when he passed that way. She said to her husband, 'Look, I am sure the man who is constantly passing our way must be a holy man of God. Let us build him a small room on the roof, and put him a bed in it, and a table and chair and lamp; whenever he comes to us he can rest there.' One day when he came, he retired to the upper room and lay down. 'What can be done for her?' he asked. Gehazi (his servant) answered, 'Well, she has no son and her husband is old.' Elisha said, 'Call her.' The servant called her and she stood at the door. 'This time next year,' Elisha said 'you will hold a son in your arms.'

Responsorial Psalm

Ps 88:2-3. 16-19. R. v.2

(R.)Forever I will sing the goodness of the Lord.

1. I will sing for ever of your love, O Lord; through all ages my mouth will proclaim your truth. Of this I am sure, that your love lasts for ever, that your truth is firmly established as the heavens.(R.)
2. Happy the people who acclaim such a king, who walk, O Lord, in the light of your face, who find their joy every day in your name, who make your justice the source of their bliss.(R.)
3. For it is you, O Lord, who are the glory of their strength; it is by your favour that our might is exalted: for our ruler is in the keeping of the Lord; our king in the keeping of the Holy One of Israel.(R.)

Second Reading Rom 5:12-15

Having been buried with him through baptism, we shall walk in a new life.

When we were baptised in Christ Jesus we were baptised in his death; in other words, when we were baptised we went into the tomb with him and joined him in death, so that as Christ was raised from the dead by

the Father's glory, we too might live a new life. But we believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

Gospel Acclamation Jn 15:26. 27

Alleluia, alleluia!

You are a chosen race, a royal priesthood, a holy people. Praise God who called you out of darkness and into his marvellous light.

Alleluia!

Gospel Mt 10:37-42

Anyone who does not accept his cross is not worthy of me. Anyone who welcomes you, welcomes me.

Jesus instructed the Twelve as follows: 'Anyone who prefers father or mother to me is not worthy of me. Anyone who prefers son or daughter to me is not worthy of me. Anyone who does not take his cross and follow in my footsteps is not worthy of me. Anyone who finds his life will lose it; anyone who loses his life for my sake will find it. 'Anyone who welcomes you welcomes me; and those who welcome me welcome the one who sent me. 'Anyone who welcomes a prophet because he is a prophet will have a prophet's reward; and anyone who welcomes a holy man because he is a holy man will have a holy man's reward. 'If anyone gives so much as a cup of cold water to one of these little ones because he is a disciple, then I tell you solemnly, he will most certainly not lose his reward.'

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Reflection by Fr Michael Tate

In the early Church, Christianity ripped families apart. Good Jewish families would have been appalled to see their sons and daughters go off to follow a crucified blasphemer. Good reason to keep apart in the synagogue, avoiding damnable pollution. This sectarianism contrasted with the Christians who fearlessly went out into the world. St John Paul II personified what it is to be Catholic. But, he pressed a prayer into a crack in the Wailing Wall in Jerusalem and as an old man shuffled across the floor of a Mosque in Syria. Of course, there was no compromise of belief and faith in the resurrection of our Lord Jesus Christ, denied by both Jews and Muslims. But his actions were not those of one with the siege mentality of the member of a cult. Rather, he was able to respond to the promptings of the Holy Spirit to take these steps recognising what was good amongst the adherents of those faiths. We could pause for a moment to implore the Holy Spirit to break us out from any constricting cult-like tendencies so that we can go out into the world powerfully proclaiming the resurrection of Our Lord Jesus Christ.

mtate@bigpond.com

Our Commitment to Safeguarding:

At St Benedict's Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
5pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION

Come adore Jesus in the Blessed Sacrament.

Mon - Tue:

7am - 9pm

Wed - Thurs:

1pm - 9pm

Friday

7am - Sat 8am



ROSARY

After each weekday mass except Fridays.
After Sat 8am Mass.



RECONCILIATION

Friday

6:15pm - 7pm

Saturday

5pm - 5.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuokwe MGL (APP)
Fr Joseph Nivaskaran MGL (APP)
Fr Tony Schick MGL

PARISH OFFICE

Parish Secretary & Communications:
Isabelle Seselja
(02) 6295 7879
narrabundah@cg.org.au
Tue/Thurs/Fri: 9am-12pm

SAFEGUARDING OFFICER

Julie Long
Contact: Narrabundah.Safeguarding@cg.org.au